

## **Homoeopathic Treatment Centre**

Room No. 115-117, 'A' Wing, 1st Floor, Main OPD Building, Safdarjung Hospital, New Delhi -110029

### **Introduction**

Homoeopathic Treatment Centre (HTC) at Safdarjung Hospital, is functioning under the aegis of Central Council for Research in Homoeopathy (CCRH), New Delhi, since 14<sup>th</sup> January 1998. It is a premier facility dedicated to deliver free and accessible Homoeopathic treatment to the public.

Our core mission is to provide holistic, evidence-based Homoeopathic treatment, especially to underserved populations. A team of qualified Homoeopathic physicians and trained support staff work under the scientific and ethical framework of CCRH ensuring safe, effective, and patient-centred care. We uphold the values of integrity, empathy, clinical excellence, and public service, ensuring every patient receives individualised attention and respect.

HTC is equipped with a fully functional Homoeopathic pharmacy. The diagnostic and laboratory investigations are facilitated through the laboratory and imaging services of the Safdarjung Hospital, ensuring continuity of care.

Over the years, the daily OPD footfall has significantly increased.

### **Contact Details: -**

Landline: 011-26197986

Email Id: htc\_sjh@yahoo.in

### **Infrastructure**

03 rooms are available for OPD Consultation

01 room for Registration of new & old patients cum Pharmacy

Room No. 115,116,117 – OPD Consultation

Room No.- 115 A - Registration counter

Room No.- 115 B- Pharmacy counter

### **Services**

• OPD consultation:-

- I. General Medicine
- II. Gastroenterology
- III. Dermatology
- IV. Rheumatology
- V. Paediatrics
- VI. Gynaecological Disorders
- VII. Urology
- VIII. Psychiatry



## **Research and Publications**

HTC has contributed in the following clinical research studies:

1. A prospective open labelled clinical trial to assess the role of Homoeopathic medicines in Cholelithiasis -Ongoing (Coordinating)
2. Role of Individualized Homoeopathic Medicine in Cervical Lymphadenopathy in Children- Pilot, Open-label study-(Ongoing)
3. Management of Chemotherapy and radiotherapy induced Oral mucositis head and neck cancer with add on homoeopathy to standard care versus the standard care- A Randomized Controlled Clinical Trial” in collaboration with Maulana Azad Institute of Dental Science, New Delhi- (Ongoing)
4. Homoeopathic treatment as an add-on therapy for Pain Management in Cancer Patients: A Prospective, Randomized, Exploratory study” in collaboration with AIIMS, New Delhi – (Concluded)
5. Management of polycystic ovarian syndrome with homoeopathic intervention versus standard conventional treatment -A non-randomised comparative study -Concluded (Coordinated)
6. An analytical study to establish the role of Calendula Q as a topical wound dressing in partial-thickness burn wound with Department of Burns, Plastic and Maxillofacial Surgery, Safdarjung Hospital, New Delhi –(Concluded)
7. A comparative study to evaluate the effectiveness of Calendula Q versus Betadine as a topical wound dressing in partial thickness burn wound healing in collaboration with Department of Burns, Plastic and Maxillofacial Surgery, Safdarjung Hospital- (Proposed)

## **Publication**

1. Nayak, C., Singh, V., Singh, K., Chakraborty, P. S., Kaushik, S., Ray, R. K., Yadav, R. P., Rai, M. K., Singh, D., Bhakat, A. K., Singh, V. K., John, M. D., Das, K. C., Prasad, V. G., Nain, S. S., Mohan Singh, Chandra, P. K., Singh, D. K., Rai, Y., Pramodji Singh, Ojit Singh, Singh, A. K. N., Shah, M., Pradhan, P. K., Bavaskar, R., Debata, L., **Lamba, C. D.**, & Ali, S. A. (2010). *Glycyrrhiza glabra: A multicentric clinical verification study*. *Indian Journal of Research in Homoeopathy*, 4(3), 22–33. <https://doi.org/10.53945/2320-7094.1753>
2. Nayak, C., Singh, V., Singh, K., Chakraborty, P. S., Kaushik, S., Ray, R. K., Yadav, R. P., Rai, M. K., Singh, D., Bhakat, A. K., Singh, V. K., John, M. D., Das, K. C., Prasad, V. G., Nain, S. S., Mohan Singh, Chandra, P. K., Singh, D. K., Rai, Y., Pramodji Singh, Ojit Singh, Singh, A. K. N., Shah, M., Pradhan, P. K., Bavaskar, R., Debata, L., **Lamba, C. D.**, & Ali, S. A. (2010). *Tylophora indica: A multicentric clinical verification study*.

Indian Journal of Research in Homoeopathy, 4(3), 12–18.  
<https://doi.org/10.53945/2320-7094.1760>

3. Nayak C, Singh V, Singh K, Singh H, Gupta J, **Lamba CD**, Sharma A, Sharma B, Indira B, Bhuvaneshwari S, Bindra SK, Luxmi KS. Management of distress during climacteric years by homeopathic therapy. *J Altern Complement Med*. 2011 Nov;17(11):1037-42. doi: 10.1089/acm.2010.0301. PMID: 22087613.
4. Chakraborty P, **Lamba C**, Nayak D, et al. Effect of individualized homoeopathic treatment in influenza like illness: A multicenter, single blind, randomized, placebo controlled study. *Indian J Res Homoeopathy* 2013;7:22-30. doi: [10.4103/0974-7168.114268](https://doi.org/10.4103/0974-7168.114268)
5. Nayak, C., Singh, V., Singh, K., Sharma, B., Gupta, J., **Lamba, C. D.**, Bindra, S. K., & Bhuvaneshwari, S. (2014). Homoeopathy in polycystic ovarian syndrome: A randomized placebo-controlled pilot study. *Indian Journal of Research in Homoeopathy*, 8(1), 3–8. <https://doi.org/10.4103/0974-7168.129671>
6. Shaji Kumar R, Sachdeva J, **Lamba C**. A case of radiation-induced mucositis. *Indian J Res Homoeopathy* 2017;11:257-261. doi: [10.4103/ijrh.ijrh\\_26\\_17](https://doi.org/10.4103/ijrh.ijrh_26_17)
7. **Lamba C**, Oberai P, Manchanda R, Rath P, Bindu P, Padmanabhan M. Evaluation of homoeopathic treatment in polycystic ovary syndrome: A single-blind, randomised, placebo-controlled pilot study. *Indian J Res Homoeopathy* 2018;12:35-45. doi: [10.4103/ijrh.ijrh\\_18\\_18](https://doi.org/10.4103/ijrh.ijrh_18_18)
8. Oberai, P., Singh, V., Nayak, C., Gupta, J., Arya, M., **Lamba, C. D.**, Sharma, B., & Ali, S. A. (2018). *A randomised comparative study to evaluate the efficacy of homoeopathic treatment vs standard allopathy treatment for acute adenolymphangitis due to lymphatic filariasis*. *Indian Journal of Research in Homoeopathy*, 12(2), 64–74.
9. **Lamba, C. D.**, & Jain, S. (2018). Idiopathic Trigeminal Neuralgia: A Case Report. *Homoeopathic Links*, 31(04), 254–258. <https://doi.org/10.1055/S-0039-1677861>
10. Ponnamp, H.B., **Lamba, C.D.**, Oberai, P., Masood, S.S., Yandamuri, S., Rao, M.P., & Manchanda, R.K. (2020). Calendula mother tincture vs normal saline for ulcer dressing as an add-on to Individualized Homoeopathic Intervention in the management of Diabetic Foot Ulcer: A Randomized Controlled Pilot Study. *Indian Journal of Research in Homoeopathy*, 14, 233 - 241.
11. Gupta, J., Kulshreshtha, D., **Lamba, C.D.**, Gupta, P., Shinde, V.H., Wadhwa, B., Soren, A., Arya, J., Koley, M., Pramanik, A., Parveen, S., & Kumar, A. (2019). Homoeopathic medicine – Sepia for the management of menopausal symptoms: A multicentric, randomised, double-blind placebo-controlled clinical trial. *Indian Journal of Research in Homoeopathy*, 13, 219 - 228.
12. **Lamba CD**, Gupta VK, van Haselen R, Rutten L, Mahajan N, Molla AM, Singhal R. Evaluation of the Modified Naranjo Criteria for Assessing Causal Attribution of Clinical Outcome to Homeopathic Intervention as Presented in Case Reports. *Homeopathy*. 2020 Nov;109(4):191-197. doi: 10.1055/s-0040-1701251. Epub 2020 Mar 25. Erratum in: *Homeopathy*. 2020 Nov;109(4):e1-e2. doi: 10.1055/s-0040-1715843. PMID: 32215892.
13. Kaur, H., **Lamba, C.D.**, Sachdeva, J., Rutten, L., Khurana, A., Oberai, P., Manchanda, R.K., Raizada, S., Chaudhury, S., Ramanan, V.E., Shinde, V.H., Kundu, C., Pal, P.P.,

- Kiranmayee, R.G., Sahoo, A., Rajeshkhar, B., Shil, R.C., & Mahajan, N. (2020). Optimising the use of polar symptoms in Homoeopathy: Introduction to a pilot study of prognostic factor research in chronic cough. *Indian Journal of Research in Homoeopathy*, 14, 200 - 210.
14. Sharma, Harish Kumar; Dev, Dharm; Rajpal, ; **Lamba, Chetna Deep**; Thayal, Piyush K.; Heema, ; Mohan, Anuj. An analytical study to establish the role of Calendula Q as a topical wound dressing in partial-thickness burn wound. *Indian Journal of Burns* 30(1):p 33-38, Jan–Dec 2022. | DOI: 10.4103/ijb.ijb\_14\_22
  15. Gupta, J., Bawaskar, R., Rao, P.K., Shivadikar, A.P., Sumithran, P., Pal, R., Ali, S., Bindu, H.B., Arya, M., **Lamba, C.D.**, Kumar, A., & Kulshreshtha, D. (2020). Homoeopathic therapy in cervical spondylosis pain management: A randomised, double-blind, placebo-controlled trial. *Indian Journal of Research in Homoeopathy*, 14, 242 - 250.
  16. Rutten, L., Eizayaga, J., Kaur, H., **Lamba, C. D.**, Sachdeva, J., Khurana, A., Oberai, P., Manchanda, R., Raizada, S., Chaudhary, S., Shinde, V., Ramanan, V. E., Kundu, C., Pal, P. P., Kiranmayee, R. G., Sahoo, A. R., Rajeshkhar, B., Shil, R. C., & Mahajan, N. (2021). Counting Polar Symptoms: How to Represent Results?. *Homeopathy : the journal of the Faculty of Homeopathy*, 110(1), 27–35. <https://doi.org/10.1055/s-0040-1713363>
  17. Teut, M., van Haselen, R. A., Rutten, L., **Lamba, C. D.**, Bleul, G., & Ulbrich-Zürni, S. (2022). Case Reporting in Homeopathy-An Overview of Guidelines and Scientific Tools. *Homeopathy : the journal of the Faculty of Homeopathy*, 111(1), 2–9. <https://doi.org/10.1055/s-0041-1731313>
  18. Sharma, Harish Kumar; Dev, Dharm; Rajpal, ; **Lamba, Chetna Deep**; Thayal, Piyush K.; Heema, ; Mohan, Anuj. An analytical study to establish the role of Calendula Q as a topical wound dressing in partial-thickness burn wound. *Indian Journal of Burns* 30(1):p 33-38, Jan–Dec 2022. | DOI: 10.4103/ijb.ijb\_14\_22
  19. Kaushik, S., Oberai, P., Mahajan, N., & **Lamba, C. D.** (2022). Obituary: Prof. Emeritus Dr. Girendra Pal. *Indian Journal of Research in Homoeopathy*, 16(3), 8.
  20. Oberai, P., Gupta, J., Nayak, C., Singh, V., Arya, M., **Lamba, C. D.**, Sharma, B., Mahajan, N., & Ali, S. A. (2023). *A multi-centric single-blind randomized placebo-controlled trial to evaluate the efficacy of the individualized homeopathic intervention in breast fibroadenoma. OBM Integrative and Complementary Medicine*, 8(2), 021
  21. Kaur, H., Rutten, L., Rao, S., Bajpai, A., **Lamba, C. D.**, Sachdeva, J., ER, V., Raizada, S., Kiranmayee, R. G., Rajashekhar, B., Kundu, C., Shinde, V., Choudhury, S., Sahoo, A. R., Shil, R. C., Chakma, A., Mahajan, N., Mishra, A., Khurana, A., Oberai, P., & Manchanda, R. K. (2024). Homoeopathic treatment for chronic cough – a multicentric, prospective, exploratory trial . *International Journal of High Dilution Research - ISSN 1982-6206*, 23(cf), 146–160. <https://doi.org/10.51910/ijhdr.v23icf.1304>
  22. **Lamba, C. D.**, Mahajan, N., Gupta, V. K., Rutten, L., Teut, M., Tapakis, L., Hoover, T. A., Gerstenhoefer, A., Fok, Y. Y. Y., Manchanda, R. K., & Ferrari, F. (2024). *MONARCH inventory for causal attribution in homeopathy case reports: Explanation and elaboration. Homeopathy*. Advance online publication. <https://doi.org/10.1055/s-0044-1792166>

23. Rutten, L., Eizayaga, J. E., Kaur, H., Rao, S., Bajpai, A., **Lamba, C. D.**, Sachdeva, J., Vinitha, E. R., Raizada, S., Kiranmayee, R. G., Rajashekhar, B., Kundu, C., Shinde, V., Choudhury, S., Sahoo, A. R., Shil, R. C., Chakma, A., Mahajan, N., Mishra, A., Khurana, A., Oberai, P., & Manchanda, R. K. (2025). *How to assess variation in homeopathic prognostic factor research?* **Homeopathy**. Advance online publication. <https://doi.org/10.1055/a-2544-280>
24. Kaur H, Rutten L, Eizayaga JE, Rao S, Bajpai A, **Lamba CD**, Sachdeva J, Er V, Raizada S, Kiranmayee RGR, Rajashekhar B, Kundu C, Shinde V, Choudhury S, Sahoo AR, Shil RC, Chakma A, Mahajan N, Mishra A, Khurana A, Oberai P, Manchanda RK. Enhancing Homeopathic Prescribing for Chronic Cough by Classifying the Reliability of Polar Symptoms. *Homeopathy*. 2025 Oct 23. doi: 10.1055/a-2631-9180. Epub ahead of print. PMID: 41130276.
25. **Giri S.** Standing on the shoulders of giants: Review of CCRH Quarterly Bulletin 2004 (volume 26) and 2005 (volume 27). *Indian J Res Homoeopathy* 2017;11:138-143. doi: [10.4103/ijrh.ijrh\\_15\\_17](https://doi.org/10.4103/ijrh.ijrh_15_17)
26. **Giri S.** Research Highlights. *Indian J Res Homoeopathy* 2018;12:55-58. doi: [10.4103/ijrh.ijrh\\_5\\_18](https://doi.org/10.4103/ijrh.ijrh_5_18)
27. Bhattacharya, P., **Giri, S.K.**, Ghosh, B., & Banerjee, A. (2020). Symptomatic Subclinical Hypothyroidism Treated with Homoeopathy: Case Reports. *Homoeopathic Links*, 33, 120 - 125.
28. Dey, J. K., Mukherjee, A., Dey, S. K., Pramanik, A., **Giri, S.**, & Pratap, M. (2021). A systematic review on the efficacies and therapeutic interventions of homoeopathic medicines in combating viral disorders with implications in the currently undergoing homoeopathic treatment efforts of SARS-CoV-2 infection (COVID-19). *International Journal of High Dilution Research - ISSN 1982-6206*, 19(3), 27–39. <https://doi.org/10.51910/ijhdr.v19i3.1033>
29. Varanasi R, **Giri S**, Bhatti J, et al. Impact of homoeopathy along with yoga as an integrated pilot project with the National Programme for Prevention and Control of Cancer, Diabetes, Cardiovascular Diseases and Stroke: A cross-sectional study. *Indian J Res Homoeopathy* 2023;17:212-224. doi: [10.53945/2320-7094.1305](https://doi.org/10.53945/2320-7094.1305)

### **Books and Monographs contributed by Dr. Chetna Deep Lamba**

- Study of Homoeopathic Medicines Through Clinical Verification-A New Perspective- Vol.II” (Writing Committee), 2011
- Drug monograph -13 *Acalypha indica*. (Writing Committee),2011
- Drug monograph - 14 *Holarrhena antidysenterica*. (Writing Committee), 2011
- Drug monograph - 15 *Ocimum canum*. (Writing Committee), 2011
- Drug monograph – 16 *Tylophora indica*. (Writing Committee),2011
- Handbook on Homoeopathy: Case Taking to Prescribing. (Contributed as Editor), 2011
- Disease Monograph 3 Homoeopathic Approach Menopausal Syndrome. (Contributed as Editor, for Research Updates and Monitoring, Data Compilation and Analysis Committee of Research Project under CCRH Headquarters, New Delhi), 2011
- Monograph on Homoeopathic Drug *Hydrocotyle Asiatica*. (Contributed for Clinical Verification), Revised Edition 2016

- Integration of Homoeopathy/ Yoga in National Programme for Prevention and Control of Cancer, Diabetes, Cardiovascular diseases and Stroke. (Contributed as reviewer), 2015
- Information Booklet on Acute Encephalitis Syndrome including Japanese Encephalitis for Homoeopathic Practitioners. (Contributed for Content drafting & editing), 2015
- Standard Treatment Guidelines in Homoeopathy. (Contributed for document development), 2016
- Central Council for Research in Homoeopathy: An Overview-Activities & Achievements (Contributor for Clinical Research)
- Homoeopathy: Science of Gentle Healing (Contributor for document development)
- Contributed in preparation of the NABH Accreditation Standards, Guidebook and Annexure for Homoeopathy 2nd Edition, 2016.
- Co- authored a section on “Did the medicine work? Causal attribution” in the book authored by internationally renowned independent researcher from Netherlands, Dr. Lex Rutten, titled “Prognostic Factor Research in Homeopathy” published by CCRH. 1Jan. 2019.

## **Events**

### **Symposium on Integrative Oncology**

The Homoeopathic Treatment Centre and Department of Medical Oncology, Safdarjung Hospital organized a Symposium on Integrative Oncology on 22 February 2019 at Lecture Hall-4, Vardhman Mahavir Medical College & Safdarjung Hospital. Dr. Michael Frass (University of Vienna, Austria), shared insights on the integration of homoeopathy in cancer care and intensive care, presenting clinical cases using LM potencies.

## **Achievements and awards**

- Dr. Chetna Deep Lamba -NABH Accredited Assessor for AYUSH Hospitals.
- Dr. Chetna Deep Lamba received the Young Scientist Award at National Homoeopathic Conference on 14th March 2015 at Jodhpur.

## Gallery

**DR. CHETNA DEEP LAMBA**  
बी एच एम एस, एम डी (होम्यो.), पी एच डी (होम्यो.)  
BHMS, MD (Hom.), PhD(Hom.)  
प्रभारी अधिकारी/Officer In-Charge

क्रम सं.	डॉक्टर का नाम	कार्य दिवस
1.	डॉ. चेतना दीप लाम्बा	सभी कार्य दिवस
2.	डॉ. शशि गिरि	सभी कार्य दिवस
3.		
4.		
5.		
6.		

**HOMOEOPATHIC  
TREATMENT CENTRE**  
OPD TIMINGS :  
MONDAY TO FRIDAY  
9 AM TO 12:30 PM - 2 PM TO 3 PM  
SATURDAY  
9 AM TO 12 PM

